



CENTRAL ALBERTA
FASD

FETAL ALCOHOL SPECTRUM DISORDER NETWORK

What do we know about Alcohol & Pregnancy?



Mission, Vision & Values

The Central Alberta FASD Network is a non-profit organization offering community based, cost-free services to persons impacted by Fetal Alcohol Spectrum Disorder (FASD) across the lifespan, and their caregivers. With programs offered in Red Deer and surrounding area, Rocky Mountain House, and surrounding area, South Central, Drumheller, Hanna, Trochu, Coronation, Castor, and Three Hills, we are part of a system wide FASD Network model that has made Alberta a leader in service delivery, both in Canada and internationally. We offer education and training, outreach and prevention, assessment and diagnosis, and advocacy. We offer fee for service options for assessment and diagnosis, professional development and training, restorative practice interventions.

OUR VISION

We envision a future where all individuals and communities impacted by FASD are supported to reach their full potential, and there is a continuous reduction in alcohol-exposed pregnancies, and the accompanying stigma attached to this disability.

OUR MISSION

The Central Alberta FASD Network believes in treating all individuals with respect, accepting our clients for who they are, and celebrating their uniqueness. To engage our clients and their caregivers across the lifespan, we provide community-based services and individualized support, in a safe and non-judgmental environment. We strive to support individuals impacted by FASD and their caregivers by offering education and training, outreach and support and assessment and diagnostic services through informed and inclusive collaborative partnerships.

OUR VALUES

We believe in engaging all individuals with respect, celebrating their uniqueness, and supporting each in their personal journey. The FASD Network supports a person-centered approach, and embraces the core values of dignity, individuality, empathy, autonomy, integrity, collaboration, innovation, adaptability, and leadership.



STATEMENT OF OPERATIONS

YEAR ENDED MARCH 31, 2023

	2024	2023
REVENUE		
Grants - Government of Alberta.....	1,511,304	\$1,829,004
Other grants	376,373	194,330
Other revenue.....	8,264	30,480
Interest	5,019	-
	1,900,960	\$2,053,814
EXPENSES		
Assessment services	276,831	232,016
Board expenses.....	6,313	2,549
Community hosting	6,553	8,498
Contracted services.....	328,703	449,311
Insurance	2,935	2,828
Office	32,524	28,672
Professional fees	59,628	52,311
Program expenses.....	16,911	44,727
Rent and utilities.....	60,205	41,795
Telephone.....	9,298	10,079
Training	54,273	39,591
Travel.....	54,273	38,928
Wages and benefits	1,037,217	866,794
	1,924,304	1,818,099
NET INCOME	\$(23,344)	\$235,715

Looking Ahead

As we approach the 2024 – 2025 fiscal year, we will embrace our new Strategic Plan, and look forward to receiving our formal Accreditation Status in the Summer of 2024. Accreditation status will lend more credibility to the pillars of Client Care, Governance, Fundraising, Human Resource, Volunteer Coordination, and Financial Planning. We will pursue further Accreditation through another accrediting body that will support our future goal of opening supportive housing for individuals impacted by FASD. As always, our main focus will be on increasing the number of individuals and communities that we serve through education, advocacy, support, and assessment and diagnosis throughout Central Alberta.



Message from the Executive Director

AGM Executive Director's Report

Our 2023 - 2024 year has been one of immense growth as we settled into our much larger office space in downtown Red Deer, successfully received our CRA Charity status, and navigated the process of becoming an Accredited Organization through Imagine Canada. In my sixth year as Executive Director for the Central Alberta FASD Network, I have had the privilege to work with a dedicated Board of Directors who have been exceptionally supportive of my role, and a talented group of employees, who are the reason we are succeeding in our mandated areas. We are so fortunate to be able to serve the Albertans who reside in Central Region, utilizing the Recovery Oriented Systems of Care (ROSC) Model, supported by our provincial government.

This year marked the end of a three-year Strategic Plan and the launch of a three-year Strategic Plan for 2024 – 2027. We subsequently recommitted ourselves to updated mission, vision, and value statements. Our team of employees has once again grown in numbers, and we have launched new programs, namely the Life Skills Group for individuals impacted by FASD and the Transitional Mentorship Program for individuals residing at the Red Deer Remand Centre. Both programs are demonstrative of the Network's innovative approach to meeting clients where they are at, and listening to what they believe will best benefit them on their journey.

We continue to be grateful to our contracted organizations for their contribution to supporting those impacted by FASD in Central Alberta namely, Family Services of Central Alberta and Accredited Supports to Community for providing the Parent and Child Assistance Program (PCAP), and Growing Families for providing supports to individuals and caregivers, and Alberta Health Services for their contribution to the Social Work Position at the Camrose Diagnostic Clinic. Together, we have served 754 clients this year.

In terms of prevention, education, and advocacy work, we provided 44 Training Sessions, including 261 professionals, 109 post secondary students, 68 youth and 89 mixed audience, 70 Community Development initiatives reaching 2,648 individuals, and 235 specific one-on-one interactions.

The following impact points were noted:

- Central Alberta far exceeded its targets for the year in terms of number of training sessions, and number of trainees
- Central Alberta was responsible for 11% of all training sessions and 8% of all trainees in Alberta in 2023-2024.
- 76% of trainees completed a survey, compared to 32% provincially.

Our Red Deer and West Country Diagnostic Teams dedicated countless hours to assessment and diagnosis services for our clients. We were able to complete 60 FASD assessments in this fiscal year, once again surpassing the previous year. Our Community Outreach Support Team expanded through additional grant funding, and the FASD Restorative Justice Court Diversion, Restorative Justice/Corrections Programs, and In Reach Programs in Bowden, Drumheller and Red Deer Remand Institutions continue to garner attention for the great successes in reducing recidivism, and providing support to individuals as they transition back to their communities. The people we serve are why the Central Alberta FASD Network exists, and it is with gratitude that we provide our programs and services. As we look to the 2024 – 2025 year, please join us as we move forward, with a commitment to continuous improvement, innovation, and always, person-centred care.

Respectfully,

Julie Nanson-Ashton

Executive Director

