



CENTRAL ALBERTA
FASD

FETAL ALCOHOL SPECTRUM DISORDER NETWORK

What do we know about Alcohol & Pregnancy?



Mission, Vision & Values

The Central Alberta FASD Network is a non-profit organization offering community based, cost-free services to persons impacted by Fetal Alcohol Spectrum Disorder (FASD) across the lifespan, and their caregivers. With programs offered in Red Deer and surrounding area, Rocky Mountain House, and surrounding area, South Central, Drumheller, Hanna, Trochu, Coronation, Castor, and Three Hills, we are part of a system wide FASD Network model that has made Alberta a leader in service delivery, both in Canada and internationally. We offer education and training, outreach and prevention, assessment and diagnosis, and advocacy. We offer fee for service options for assessment and diagnosis, professional development and training, restorative practice interventions.

OUR VISION

We envision a future where all individuals and communities impacted by FASD are supported to reach their fullest potential across the lifespan, and there is a continuous reduction in alcohol-exposed pregnancies.



OUR MISSION

The Central Alberta FASD Network believes in treating all individuals with respect, accepting our clients for who they are, and celebrating their uniqueness. In order to engage our clients and their caregivers across the lifespan, we provide community-based services and individualized support, in a safe and non-judgmental environment. We strive to support persons living with FASD and their caregivers by offering education and training, outreach and prevention and assessment and diagnosis services, and through informed and inclusive collaborative partnerships.

OUR VALUES

We believe in engaging all individuals with respect, celebrating their uniqueness, and supporting each in their personal journey. The FASD Network supports a person-centered approach, and embraces the core values of dignity, individuality, empathy, integrity, collaboration, innovation, adaptability, and leadership.



STATEMENT OF OPERATIONS

YEAR ENDED MARCH 31, 2023

	2023	2022
REVENUE		
Grants - Government of Alberta.....	\$1,829,004	\$1,337,423
Other grants	194,330	172,540
Other revenue.....	30,480	13,082
	2,053,814	1,523,045
EXPENSES		
Assessment services	232,016	151,378
Board expenses.....	2,549	2,341
Community hosting	8,498	5,895
Conferences		5,022
Contracted services.....	449,311	419,465
Insurance	2,828	2,676
Office	28,672	21,069
Professional fees	52,311	15,881
Program expenses.....	44,727	14,088
Rent.....	41,795	35,143
Telephone	10,079	8,474
Training	39,591	9,552
Travel.....	38,928	24,831
Wages and benefits	866,794	806,452
	1,818,099	1,522,267
NET INCOME	\$ 235,715	\$ _178

Looking Ahead

As we approach the 2023 – 2024 fiscal year, we will wrap up our current Strategic Plan and spend the Fall and early Winter creating our next three-year plan. We will accelerate the work to complete our Accreditation process by April 2024 lending even more credibility to the pillars of Governance, Fundraising, Human Resource Compliment, Volunteer Coordination, and Financial Planning. As always, our main focus will be on direct service to clients and increasing the number of individuals and communities that we serve through education, advocacy, support, and assessment and diagnosis throughout Central Alberta.



Message from the Executive Director

AGM Executive Director's Report

Our 2022 - 2023 year has been full of exciting changes and transitions, as well as challenges as we navigated the process of achieving our status as a Charity and began the process of becoming an Accredited Organization through Imagine Canada. Approaching my fifth year as Executive Director for the Central Alberta FASD Network, I have had the privilege to work with a dedicated Board of Directors who have been exceptionally supportive of my role, and a talented group of employees, who are the reason we are succeeding in our mandated areas. We share a commitment to our mission and vision and believe in participatory leadership, a team approach, and change and innovation. We continue to be grateful to our contracted organizations for their contribution to supporting those impacted by FASD in Central Alberta namely, Family Services of Central Alberta, Mountain Rose Women's Shelter, and Accredited Supports to Community for providing the Parent and Child Assistance Program (PCAP), Growing Families for providing supports to individuals and caregivers, and Alberta Health Services for their contribution to the Social Work Position at the Camrose Diagnostic Clinic.

In terms of prevention, education, and advocacy work, we provided 20 Training Sessions, including 92 professionals, 44 post secondary students, 68 youth and 14 mixed audience, 73 Community Development initiatives reaching 3013 individuals, and 530 specific one-on-one interactions.

Our Red Deer and West Country Diagnostic Teams dedicated countless hours to assessment and diagnosis services for our clients. We were able to complete 50 FASD assessments in this fiscal year. Our Community Outreach Support Team is constantly expanding and although the growth in clients served is in part due to a more detailed reporting strategy, we have also grown our internal employee compliment through additional grant funding. The FASD Restorative Court Diversion and Restorative Justice/Corrections programs continue to be successful with over 100 clients having been referred since September 2020. Following a lengthy hiatus due to the pandemic, the In Reach/Out Reach Program is up and running again in Drumheller and Bowden Institutions, and at Red Deer Remand, and referrals for these programs are consistent. The positive impact on the communities we serve in Central Alberta is felt in every interaction we have with our clients, and the testimonials we hear from individuals and communities impacted by FASD. In 2022 - 2023 our Quarter 4 unique client count was 458 and represents the number of clients we served this year. Our clients are at the very heart of the Central Alberta FASD Network, and it is with gratitude that we serve them.

As we look to the 2023 – 2024 year, please join us as we move forward, crossing into new areas of programming, renewing longstanding relationships, and fostering new partnerships.

Respectfully,

Julie Nanson-Ashton
Executive Director

